



LEADERSHIP  
PROGRAMME

# THE CONSCIOUS LEADER MANAGER DEVELOPMENT COURSE

The combination of Business Improvement tools, individual coaching sessions and Personal Assessments makes this programme unique in the market place.

**The Conscious Leader**  
Manager Development

FUTURE LEADERSHIP ACTION MOTIVATION EDGE



TRAINING,  
LEADERSHIP  
CONSULTING

People follow the leader and then the vision. This course develops you into a leader worth following. The unique blend of personal coaching, 360 degree assessments, expert practical training, and cutting edge tools is unique in the industry and is guaranteed to give you a step change in your personal effectiveness.

The Conscious Leader operates in a heightened state of awareness. This course leverages Training Leadership Consulting's (TLC's) FLAME (Future, Leadership, Action, Motivation, Edge) Leadership Development model. The FLAME programme will teach you the skills of a Conscious Leader. You will learn how to develop your team's Vision and Action Plan as well as learn about your own personality style strengths and challenges and how to identify the same in your team members. You will also learn effective ways to manage conflict and inspire your team to achieve its goals. This course incorporates a 360 degree feedback and two personal assessments which provides a crucial element of the self-discovery and awareness process you go through as a Leader. You embark on this journey to be more conscious of leading, accompanied by a personal coach.

## COURSE INCLUDES



- 5 days of expert training
- 3 individual coaching sessions
- 360 degree feedback
- Personality style assessment
- Conflict assessment
- Course manual

## KEY OUTCOMES

On completion of this course, you will be able to...

- Highlight the characteristics of a World-Class Organisation (WCO)
- Define your customer's needs (internal and external customer)
- Apply the system factors to drive change
- Identify your personality profile and the importance of adapting your leadership style to suit your followers
- Highlight the role of Emotional Intelligence (EQ) in leadership
- Describe and apply techniques used to communicate skillfully
- Apply the principles of time management
- Identify stages of teams (forming, storming, norming, performing)
- Develop your goal alignment strategy (GRPR model)
- Illustrate how to manage conflict using the TKI
- Facilitate effective meetings to achieve desired outcomes
- Determine the elements of achieving a World-Class culture (focused improvements, 8 types of waste, 5S)
- Describe and apply the stages of the PDCA model (Plan, Do, Check, Act)
- Apply the A3 problem solving technique
- Apply root cause analysis techniques (5 Whys, Brainstorming and Fishbone)
- Discuss the importance of applying Visual Management that drives performance
- Define and apply motivation theories to motivate teams
- Explore the concepts of employee engagement and disengagement
- Discuss the pillars of retention and how it impacts your role as an effective leader
- Use decision making techniques to make effective team decisions
- Discuss and apply the principles of delegation

## DURATION

5 workshops and 3 individual coaching sessions over 3 months

## ACCREDITATION

Internationally Accredited through IACET



## GET IN TOUCH

Should you have any queries, please contact us

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